Terms & Conditions

The following terms and conditions are subject to change.

Gavin Bowtell BA(Hons), Dip.Hyp, HPD, MNCH(ACC), MAPHP(ACC)
Advanced Hypnotherapist. Hypnotherapy Supervisor. Advance BWRT® Practitioner

Confirmation and Contract

By choosing therapy with me /signing this agreement /returning this via email/booking an appointment:
• You confirm that all information you have given is full and correct and
• that you are committed to undertaking a course of therapy or coaching as discussed.
• You understand that results can vary and that any therapist cannot guarantee results.
• My therapies are not a replacement for medical treatment, psychological or psychiatric services.
• You are free to terminate any or all sessions at any time.
• Sessions will usually last from 30 mins to 90mins.
• Contact between sessions will be strictly limited to telephone, email or letter.
• My phone is switched off/goes to voicemail after hours and cannot be used for emergency purposes.

Sessions & Therapies Used & Location
• Face to Face or
• Via Skype/Zoom or FaceTime (with prior agreement)
Not all sessions will include an intervention/technique or therapy; but I may use some or all of the following in combination or singly:
• Hypnosis/Hypnotherapy/Conversational Hypnosis
• BrainWorking Recursive Therapy (BWRT®)
• Coaching
• Conscious Analytical Therapy
• NLP
•TFT/Tapping
• Parts Work
• Reiki
Some therapies may include some touch to hands, arms, fingers, shoulders or head. Please indicate if you would prefer I chose alternative methods.

Writing to Your GP
I usually inform GP's when I start working with a new client through a standard letter.
This is particularly important where you are seeking help for something that might have a physiological cause that could be treated using conventional medicine.

PROTECTING YOUR INFORMATION
Confidentiality is paramount and will be maintained in all but the most exceptional circumstances.
Situations where information may have to be disclosed are as follows:

If there is a serious risk of harm to yourself or to others, then your GP or the Police may be informed (it may not always be possible to talk to you first).
The courts can also order disclosure of information in some extreme circumstances. It is a very complex area and I would always seek legal advice.
I have clinical supervision, but will not disclose any information that could potentially identify you.
I keep notes – but these are securely locked away in a filing cabinet, in a locked office.
You are welcome to see them.

You agree that reports requested by insurance companies, employers, courts, etc. will not be released without your written permission, and will incur a fee to prepare and provide which will be inline with current ICO guidelines.
Personal information is stored in line with regulations, and you can view my privacy policy on my website.
Any information I collect during sessions is stored for 6 years as per my insurance requirements at the end of which period it is destroyed by fire.

Cancellation
Sometimes things get in the way and you need to cancel with very little notice.
However if you cancel with less than 48 hours notice I may ask that you pay for up to 100% of the cost of the session.

Late Arrival
Please be punctual. If you are running late please try to let me know.
I will always try give you some time if you arrive late, unless you are so late that no meaningful work can be done, or to begin therapy would be to over-run for another clients.
You will still be charged the same amount.

Payments
You can make payments in 4 ways.
• Pay cash at time of session
• Credit/Debit Card
• Online Banking
• PayPal

Fees
My fees are listed on my website here.

All other policy documents are available upon request or via the website.

My commitment to you:
I will use my expertise to facilitate the changes that are mutually agreed upon to be in your best interest, in the shortest possible time.

Signature: __Gavin Bowtell__ Date: _as of first session___

Client Name & Date :

Client Signature

Gavin Bowtell
Clinical Hypnotherapist